

# FUN & FITNESS TRAVEL CLUB®

## BOOK YOUR 2014 WINTER CRUISE NOW!



**GRANDEUR OF THE SEAS**

**JANUARY 11-21, 2014**

**10 NIGHTS/11 DAYS**

**ONLY \$939**

[www.fun-fitness.com](http://www.fun-fitness.com)

**703-827-0414**



Join Linda Grymes and Jeannie Johnson of Triple Delight on their 2<sup>nd</sup> FUN & FITNESS cruise!



DATE	PORT	ARRIVE	DEPART
Sat. 1/11	Baltimore, Maryland		4:00 PM
Sun. 1/12	<i>FUN &amp; FITNESS Day at Sea</i>		
Mon. 1/13	<i>FUN &amp; FITNESS Day at Sea</i>		
Tues. 1/14	<i>FUN &amp; FITNESS Day at Sea</i>		
Wed. 1/15	Cozumel, Mexico	7:00 AM	4:00 PM
Thur. 1/16	Grand Cayman	10:30 AM	6:00 PM
Fri. 1/17	Falmouth, Jamaica	7:00 AM	4:00 PM
Sat. 1/18	Labadee, Haiti	9:30 AM	5:00 PM
Sun. 1/19	<i>FUN &amp; FITNESS Day at Sea</i>		
Mon. 1/20	<i>FUN &amp; FITNESS Day at Sea</i>		
Tues. 1/21	Baltimore, Maryland	8:00 AM	



**Jeannie Johnson**



Price of only **\$939\*** Includes Upgraded Staterooms, Private Dining and Classes in Water Exercise, Yoga, Tai Chi, Aerobics, Zumba® and Ballroom Dancing.



**Linda Grymes**

[www.3daquatics.com](http://www.3daquatics.com)  
1-888-441-2112.

**Paddle Boarding Is Easy!** It's been a popular water sport well over 200 years. Capt. James Cook depicted it on his maps in 1771. Everyone can try it when taking this cruise next winter. Upon receipt of your 100% refundable deposit (see reverse) an e-mail is sent confirming your booking. 120 days prior to departure you will receive a final invoice.

\* Price is per person double occupancy for an Inside Stateroom (M). Gov't departure taxes, customs fees, security and service surcharges total \$149 extra. Travel insurance for cancellation/medical reimbursements (subject to terms and conditions) starts at \$59 and is required. Prices valid thru June 5, 2013, or until allotted inventory sells out, whichever happens first. Deposits fully refundable if canceled before Oct. 4, 2013. Guests must book through **FUN & FITNESS** to participate and be at least age 30.



WONDER NO MORE! Everything you've heard about cruising with the **FUN & FITNESS TRAVEL CLUB** and **Fitness Hosts Linda Grymes** and **Jeannie Johnson** is true. On board enjoy exercise classes led by top certified instructors. On shore learn why it's believed the Maya people were taught by space aliens to build pyramids. Discover how the Maya live today. In Labadee enjoy the exhilaration of zip lining! Each evening you'll be seated with friends at private tables. Sit outside to enjoy movies and popcorn. Meanwhile, your neighbors back home will be complaining about another cold, dark winter. But not you!



"Thank you for all your obvious effort and attention to detail in preparing our cruise. I am a flight attendant and go on more pre-planned vacations than the average person. I can tell you without a doubt this was the best-organized trip I have ever been on, both in preparing for it and keeping guests informed during the cruise. It was all great fun and a first class job in every way." **Sheryl Jordan, Bradenton, FL**

*All staterooms can have two twin beds or one king.*



*Inside Stateroom*

"You have created a wonderful cruise experience for us. Thank you!" **Anne & Kevin Cassidy, Centreville, MD**



*Oceanview Stateroom*

"The only way I will cruise now is with **FUN & FITNESS**. You had so many physical activities for us to do on this ship while we cruised to the islands. I would have been too lazy and unhappy without your great fitness coaches and classes in water exercise, deck walking, tai chi and everything else!" **Barb Gough, Staunton, VA**

**FUN & FITNESS CLUB BENEFITS:** Fully Hosted Cruises • Call Center in United States • Group Discounts • Daily Private Exercise Classes • Group Dining • Best Mid-Ship Cabins • Website for Packing/Travel Tips, Shore Excursions, Deck Plans • Special Order Meals • Security Pre-Clearance • Arranged Transfers • No Club Dues or Fees • Full Refunds •



*Balcony Stateroom*

**Detach and mail with your 100% refundable deposit (check or credit card info). Or call 703-827-0414.**

Name on Passport \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Date of Birth (required by cruise lines) \_\_\_\_\_  
 Roommate Name (if applicable) \_\_\_\_\_  
 Roommate's Date of Birth \_\_\_\_\_  
 Payment: Check Enclosed \_\_\_\_\_ (make check to **FUN & FITNESS TRAVEL CLUB**) or pay via your...  
 Credit Card Type: \_\_\_\_\_ # \_\_\_\_\_ Security Code \_\_\_\_\_ Exp. Date \_\_\_\_\_

Check one: (All prices are per person)

- Inside Stateroom [Cat. M] \$939 as a double
- Oceanview Stateroom [Cat. I] \$1139 double
- Balcony Stateroom [Cat. D2] \$1789 double
- Inside Stateroom [Cat. M] \$1528 as a single
- Oceanview Stateroom [Cat. I] \$1928 single
- Balcony Stateroom [Cat. D2] \$3238 single

**Deposit: \$900** per stateroom. **Must be received by June 5, 2013, or before inventory sells out, which can happen fast.** Deposit is fully refundable until final balance due date Oct. 4, 2013.

Mail to **FUN & FITNESS TRAVEL CLUB** 7324 Dartford Dr., Suite 3, McLean, VA 22102 USA.

Minimum age is 30 for **FUN & FITNESS** cruises. Valid passport required (no passport card).

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